



An-Nisa is a non-profit 501(c)(3) organization working to empower, educate, and enrich the community by providing mental health care, case management, educational programs, and any necessary assistance to help our clients regain self-sufficiency. We are advocates for families in crisis situations.



"An-Nisa has changed my life so much. They helped me with every service that I needed to regain self-sufficiency after getting out of my abusive marriage. They've provided me with counseling and so much emotional support."

Client Stories, 2023

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@annisahouston



An-Nisa



An-Nisa Houston

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An-Nisa

Educate. Empower. Enrich.

**Transforming lives.
Transforming communities.**

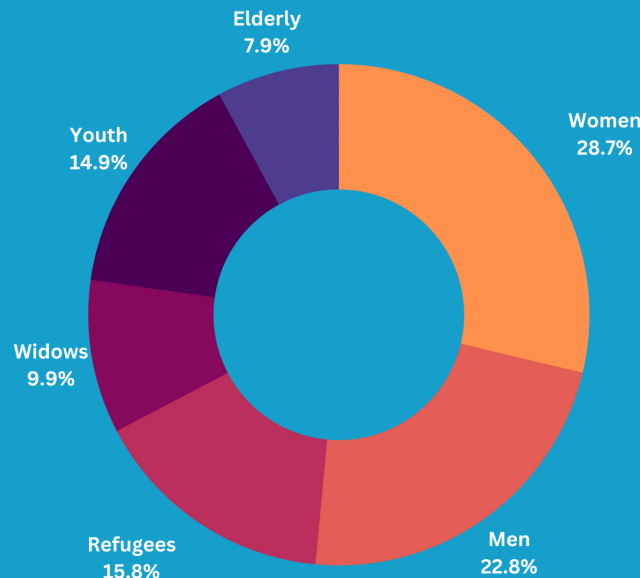
WHAT WE DO

An-Nisa assesses and evaluates the client, identifying needs and working with them to create long-term viable solutions. Our team then guides clients through each step of the identified pathway by using community and organizational resources as needed. This includes helping the client reach self-sufficiency.



WHO WE HELP

Case managers, mental health professionals, and staff help clients and guide our clients to self-sufficiency and safety; this includes but is not limited to: domestic/family violence victims, widows, refugees, and individuals in other crisis situations.



SERVICES

- Case Management
- Financial Case Management
- Mental Health Care & Education
- Neurofeedback & Biofeedback
- Advocacy & Legislation
- Youth Programs & Mentorship
- Educational & Outreach Programs
- Community Fulfillment
- Mawakhat
- Domestic Violence Prevention
- Roadmap to a Successful Relationship

OUR APPROACH

Our team collaborates with our clients to provide comprehensive services to help address barriers and achieve safety, stability, and self-sufficiency.

Case managers work with our mental health professionals, local shelters and housing authorities, legal counsel, and community partners to ensure the best outcomes for all clients.